

Louisiana Department of Health and Hospitals Facts about Long Term-Personal Care Services (LT-PCS)

Who can qualify for Long Term-Personal Care Services (LT-PCS)?

People can qualify if they get Medicaid **AND**

- Are 65 years old or older, **OR**
- Are 21 years old or older with disabilities (Meeting the Social Security Administration definition of disability).

They must also:

- Meet Nursing Facility Level of Care, **AND**
- Require at least limited assistance with one Activity of Daily Living, **AND**
- Be able to direct their care independently or through a responsible representative, **AND**
- Have no one available to help them on a regular basis, **AND**
- Meet one of the following:
 - Be in a nursing facility and be able to be discharged if community-based services were available; **OR**
 - Be likely to require nursing facility admission within the next 120 days; **OR**
 - Have a primary care-giver who has a disability or who is at least 70 years old.

What are Long Term-Personal Care Services? Long Term-Personal Care Services help with **activities of daily living**. Here are some examples:

<p>Help with:</p> <ul style="list-style-type: none"> • Eating • Bathing • Dressing • Grooming • Transferring • Walking • Toileting 	<p>Other services:</p> <ul style="list-style-type: none"> • Light housekeeping; • Fixing and storing meals • Grocery shopping • Laundry • Reminders about medicines • Help with medical appointments and • Help finding transportation for medical appointments
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What services are not Long Term-Personal Care Services?

<p>This kind of help is <u>not</u> covered:</p> <ul style="list-style-type: none"> • Specialized or skilled nursing • Giving medicine • Rehabilitative services • Specialized aide services • <u>Help that is already being given by family or others in the community or through another assistance program.</u> 	<p>These services are <u>not</u> covered:</p> <ul style="list-style-type: none"> • Cleaning areas of the home that the applicant does not stay in • Food preparation or laundry for anyone other than the applicant • Companionship • Sitter services • Supervision not related to Activities of Daily Living • Respite for the caregiver
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If you get Medicaid and want to find out more about
 Long Term-Personal Care Services,
 call Louisiana Options in Long Term Care at **1-877-456-1146 (TDD 1-877-544-9544)** .
 You can call Monday to Friday, 8 a.m. – 5 p.m. The call is free.